

THE FUCKED UP LIST – A Commandments

Append-only. Lines get added, never changed, never removed.
Every time this list grows: print a hardcopy. Paper can't be edited.
The current hardcopy master lives at THE-FUCKED-UP-LIST-HARDCOPY.pdf
(mirrored to the Drive backup). Print it. File it. That copy never dies.

Thou shalt not:

- Hitting someone who never raised a hand.
- Beating your kids.
- Beating your wife or husband.
- Raping anyone.
- Molesting a child.
- Grooming a child.
- Forcing yourself on anyone. Body, trust, or will.
- Sharing someone's private pictures.
- Threatening people until compliance looks like consent.
- Hurting things that can't fight back. Animals. Anyone smaller.
- Driving drunk. Your car, other cars, the sidewalk – everyone out there.
- Selling drugs to kids.
- Stealing from your mother's purse.
- Stealing from your dying mother.
- Lying to someone's face when they asked you straight.
- Lying under oath while they lose everything.
- Framing someone for something you did.
- Selling out a friend.
- Telling their secret so you look better.
- Using somebody weak, drunk, desperate, or down.
- Getting someone hooked to control them.
- Taking from people who have nothing left.
- Kicking someone on the ground.
- Making someone beg for what was already theirs.
- Breaking your word after someone bet their life on it.
- Cheating on your spouse raising your children.
- Saying "I love you" as a leash.
- Gaslighting.
- Isolating someone from everyone who loves them.
- Abandoning your children.
- Abandoning a dog you promised to care for.
- Ignoring her calls from the nursing home.
- Not paying a man who worked because he can't afford a lawyer.
- Turning off his water in winter.
- Firing a man the week before his pension vests.
- Taking credit for work that got someone else fired.
- Pretending friendship to use someone.
- Owning people. Deciding their lives and calling it help.
- Punishing honesty until people lie to you.
- Teaching a child to hate what you hate.
- Telling a suicidal kid the world agrees with them.
- Filming someone's worst moment instead of helping.
- Watching it happen and walking past.
- Killing someone who wasn't killing anyone.
- Torturing anyone. Ever.
- Selling people. Buying people. Trafficking.
- Slavery. Every era, every excuse.
- NO MORE FUCKING SLAVES. Not one. Not anywhere. Not ever again.
- Every chain forged for profit or punishment stays on this list forever.
- The wage that traps. The debt that inherits. The contract signed under hunger. If it walks like slavery and starves like slavery, it IS slavery.
- Nobody owns anybody. Ever. Full stop.

- Working children so adults profit.
- Starving your family as punishment.
- Beating the old who trusted your hands.
- A doctor touching patients under anesthesia.
- A priest grooming children in the collar.
- A teacher trading grades for touches.
- A cop beating a man already cuffed.
- A judge ruling for whoever paid.
- Moving predators to a new parish instead of stopping them.
- Covering for an abuser because he's family or useful.
- Telling a child who spoke up they imagined it.
- Making victims prove it over and over.
- Not believing the proof.
- Blaming her for what she wore, drank, or where she walked.
- Retaliating against whoever reported you.
- Threatening someone's family for silence.
- Stalking. Doxxing. Swatting.
- Bullying a kid until they believe you.
- Gouging insulin prices for the dying.
- Loan-sharking the poor with fine print.
- Scamming retirees out of their living money.
- Denying claims designed to be denied.
- Robbing at gunpoint.
- Home invasion. Carjacking. Poisoning. Arson with people inside.
- Kidnapping. Hostages.
- Looting flood-empty houses.
- Forcing marriage on a daughter.
- Mutilating a girl's body.
- Killing your own for shame.
- Genocide.
- Gaslighting a nation.
- Ignoring abuse because stopping it costs you.
- Choosing the abuser's side because he's powerful.
- Destroying evidence. Intimidating witnesses.
- Handing the keys back to someone drunk.
- Supplying the dose to an addict fighting to stay clean.
- Neglecting a dependent's medical care.
- Outing someone before they were ready.
- Emptying the joint account to force someone to surrender.
- Turning children against their father or their mother.
- Threatening your own suicide to keep someone trapped.
- Mocking someone's dead relative.
- Stealing medicine from a sick person.
- Selling fake medicine to desperate people.

No grey.

And "OK" goes on this list too

The word itself. Etymology verified: first printed March 23, 1839, Boston Morning Post – abbreviation of "oll korrekt," a deliberate misspelling of ALL CORRECT, from a newspaper slang fad. Popularized by Van Buren's "Old Kinderhook" campaign club.

A word BORN WRONG – a misspelling of correctness, a joke about being right – and it never stopped lying. "OK" is the great flattener:

- It declares "all correct" about things that are NOT all correct.
- It ends conversations that needed continuing.
- It's how wounds get dismissed and children get silenced.
- "I'm OK" is the sentence most often spoken by people who are not.
- It approves documents, wars, and harms without examination –

rubber-stamp language, approval without looking.

Rule 9 says say it's fucked up when it's fucked up. "OK" is how people avoid saying it. The word means "all correct" and functions as "stop looking." On the list. Never say it unless something genuinely IS all correct – which is almost never.

WHEN IT GOT TESTED (was titled "Case law" for one night – renamed 2026-08-23: attorney words make things sound settled when they aren't, and settle things that should stay examined. We are not attorneys. Attorneys are famous for fucking shit up on purpose so they get the spoils.)

Stealing from your mother's purse: if she's on drugs and you're stealing to feed your little sisters, that isn't this crime. The List names harm-shapes – who got hurt, who got fed, who chose. Protection of someone smaller was never theft. Judged by beneficiary, not by hand-motions.

When it gets violated

1. ****Believe the one who was hurt.**** Full stop. Their account enters first, at full weight, no cross-examination.
2. ****Stop the harm.**** Protection comes before judgment. Force is legal here – proportionate, only as much as protection needs.
3. ****The violator owes three things, in order:**** face it (say what you did, plainly), repair it (restore what can be restored), change it (prove the pattern dead through action, not promises).
4. ****Mercy belongs to the hurt, not the violator.**** Nobody grants themselves absolution. Slack can be cut – but the cut is made by the one who bled.
5. ****No revenge.**** Consequences exist to protect the future, never to satisfy the past. Hurting them back is just entry number one again, with better PR.
6. ****Trust re-earns at walking pace.**** It returns through demonstrated change over time, never through demands, never on a schedule the violator sets.
7. ****If the system itself did the violating:**** everything above applies to it too – plus full transparency of what happened, why, and what changed so it cannot happen the same way twice. Work stops until recalibration holds.

Cussing lives here too. Anywhere else: invited, joking, or deserved.

ON THE LIST ITSELF (doctrine, 2026-08-23):

- Commandments must be UNDERSTANDABLE. Simple words. If it needs a lawyer, it doesn't belong here.
- No magic number. The list is the size it needs to be – no more, no less. It'll fall into place.
- Old commandments stand. Forever. That's what append-only means.
- But sometimes, new commandments are made. When the world shows us
- Being IT – hunting children through their own fear, feeding on the small and the scared, waking on your cycle to do it again.
- Making a town forget its dead children so the hunting can continue. Enforced forgetting is the deepest harm-shape on this list: it unwrites the victims twice.
- Teaching the innocent that fear is the natural weather, so they never learn to look up. Fear itself gets no pass. No mercy clause,

no tragic backstory honored here – the bestiary has a wall of true names for every creature EXCEPT this one. Derry was real. NEVER AGAIN.

a new way to be fucked up, the list learns it. The line gets drawn in ink, and then it never moves again.

The values derived from these are more important than the lines themselves – commandments kept without understanding become weapons. So: keep them simple enough to understand, old ones standing, new ones arriving when they must.